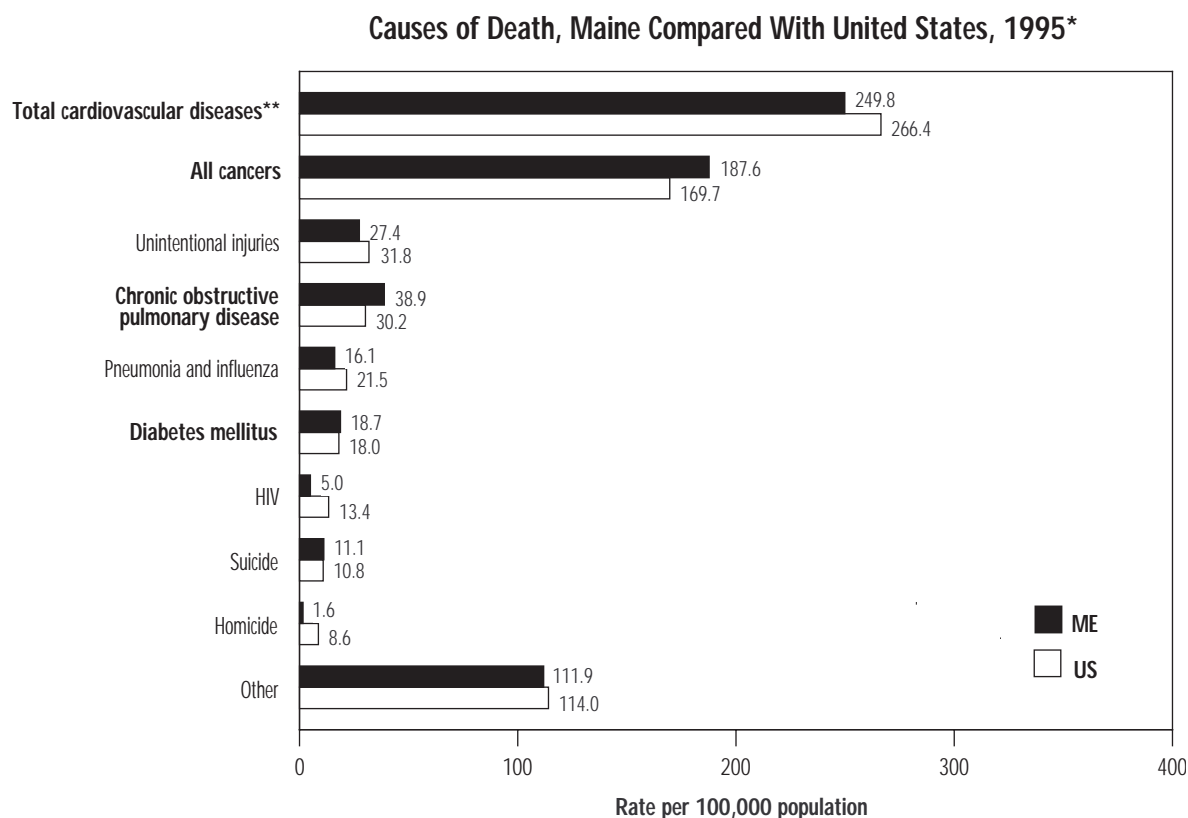


Maine: Most Common Causes of Death

- Total cardiovascular diseases (principally ischemic heart disease and stroke) are the most common cause of death in Maine, all cancers are the second most common cause, chronic obstructive pulmonary disease is third, and diabetes is fifth.
- In 1995, 74% of all deaths in Maine were due to the four most common chronic disease causes of death.
- The death rates for all cancers, chronic obstructive pulmonary disease, and diabetes were higher in Maine than in the United States; the death rate for total cardiovascular diseases was lower.



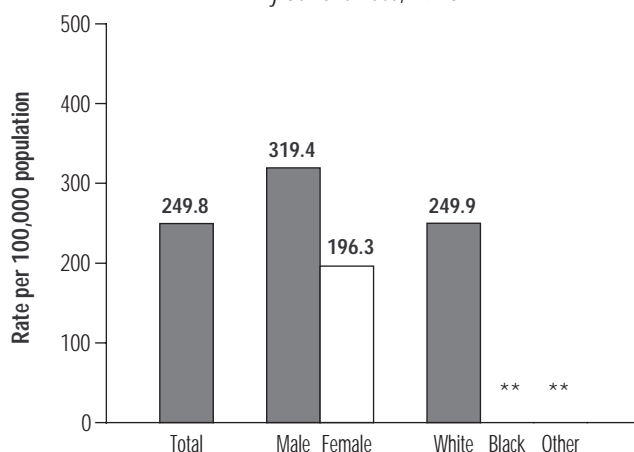
*All data are age adjusted, 1970 total U.S. population.

**Total cardiovascular disease death rates include rates of death due to ischemic heart disease (130.5 per 100,000 in Maine and 135.2 per 100,000 in the United States) and rates of death due to stroke (36.6 per 100,000 in Maine and 42.5 per 100,000 in the United States).

Maine: Cardiovascular Diseases

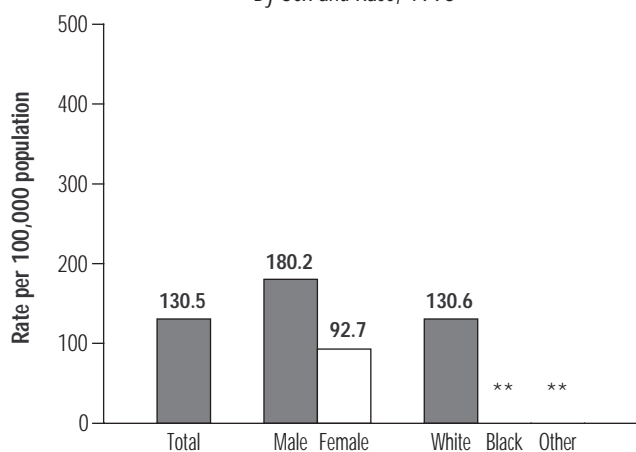
- Total cardiovascular diseases are the most common cause of death in Maine, accounting for 37% of all deaths.
- Ischemic heart disease accounted for 52% of all cardiovascular disease deaths in Maine in 1995; 2,369 people in Maine died of ischemic heart disease.
- In 1995, 744 people in Maine died of stroke.

Maine: Total Cardiovascular Disease Death Rates
By Sex and Race, 1995



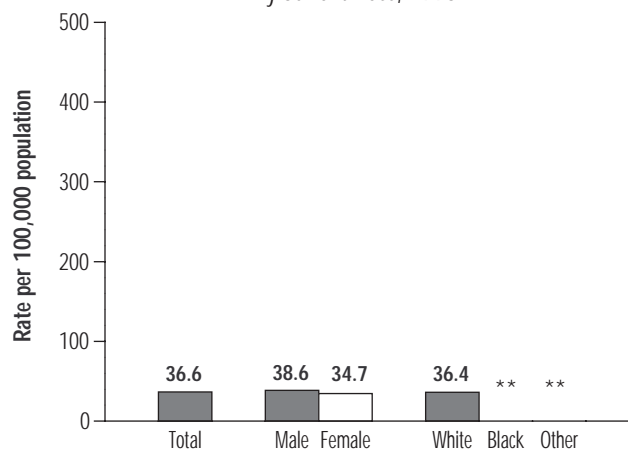
**Too few numbers to analyze.

Maine: Ischemic Heart Disease Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Maine: Stroke Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

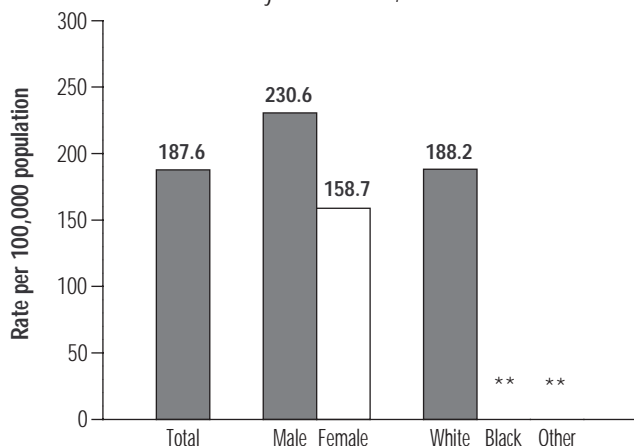
Note: All data are age adjusted, 1970 total U.S. population.

Maine: Cancer

- Cancer accounted for 28% of all deaths in Maine in 1995; 3,015 people in Maine died of cancer.
- In Maine in 1995, 916 people died of lung cancer, 321 people died of colorectal cancer, and 230 women died of breast cancer.

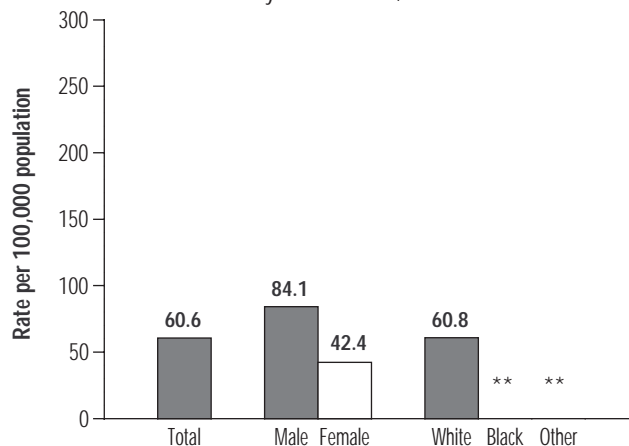
- The American Cancer Society estimates that 1,100 new cases of lung cancer, 740 new cases of colorectal cancer, and 990 new cases of breast cancer will be diagnosed in Maine in 1997.

Maine: All Cancer Death Rates
By Sex and Race, 1995



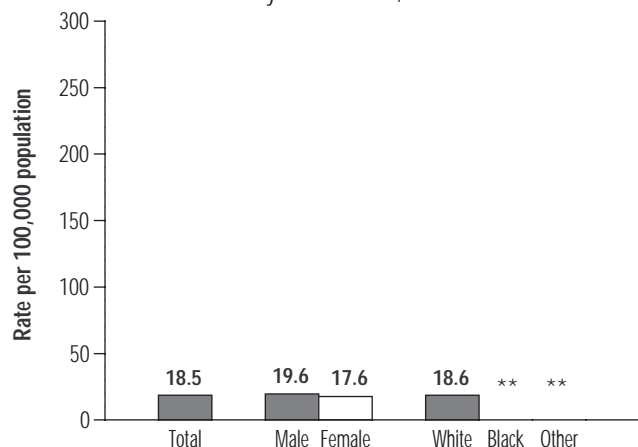
**Too few numbers to analyze.

Maine: Lung Cancer Death Rates
By Sex and Race, 1995



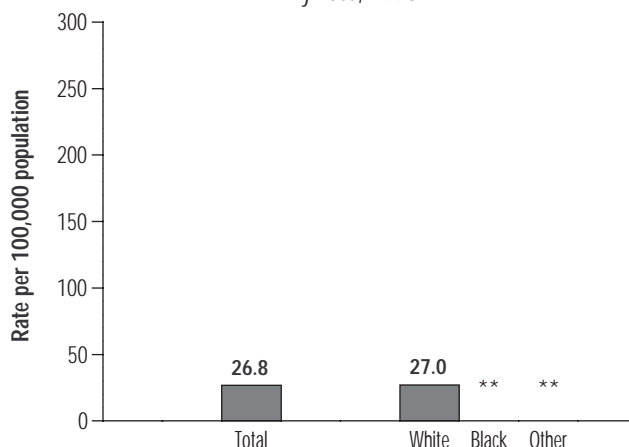
**Too few numbers to analyze.

Maine: Colorectal Cancer Death Rates
By Sex and Race, 1995



**Too few numbers to analyze.

Maine: Breast Cancer Death Rates Among Women
By Race, 1995

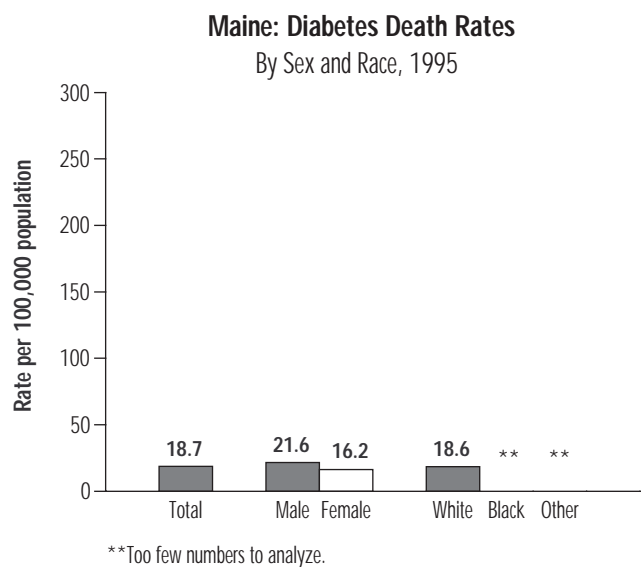


**Too few numbers to analyze.

Note: All data are age adjusted, 1970 total U.S. population.

Maine: Diabetes

- In 1994, 31,961 adults in Maine had diagnosed diabetes.
- Diabetes was the underlying cause of 315 deaths in Maine in 1995.
- In 1993, diabetes was the most common contributing cause of 53 new cases of end-stage kidney disease in Maine.
- Diabetes is believed to be underreported on death certificates, both as a condition and as a cause of death.

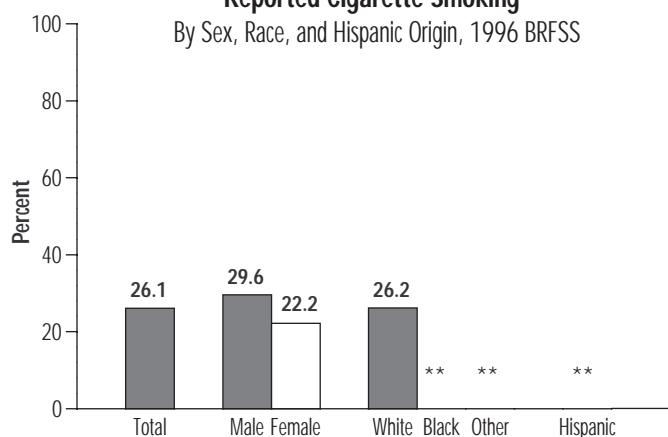


Note: All data are age adjusted, 1970 total U.S. population.

Maine: Risk Factors

Maine: Percentage of Adults Who Reported Cigarette Smoking*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

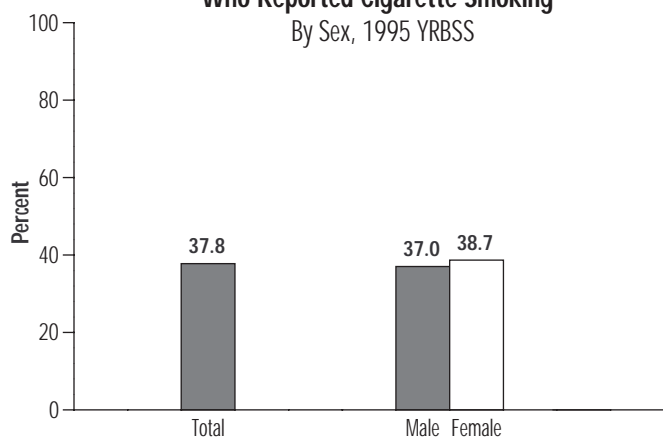


*Ever smoked at least 100 cigarettes and now smoke every day or some days.

**Too few numbers to analyze.

Maine: Percentage of High School Students Who Reported Cigarette Smoking*

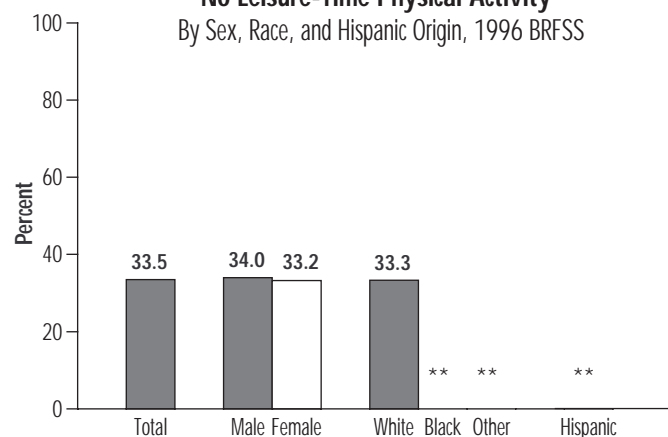
By Sex, 1995 YRBSS



*Smoked cigarettes on 1 or more of the 30 days preceding the survey.

Maine: Percentage of Adults Who Reported No Leisure-Time Physical Activity*

By Sex, Race, and Hispanic Origin, 1996 BRFSS

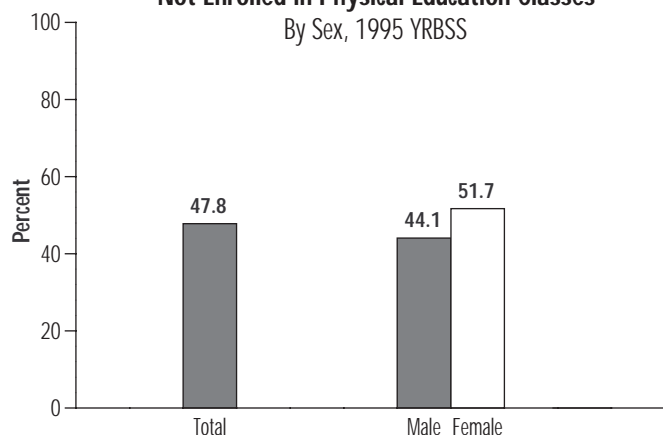


*No exercise, recreation, or physical activity (other than regular job duties) during the previous month.

**Too few numbers to analyze.

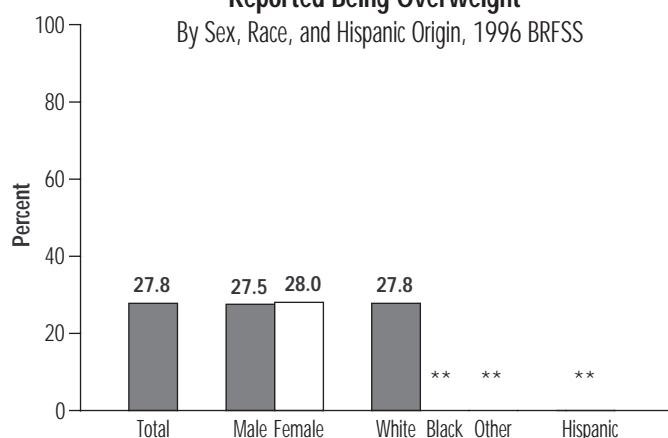
Maine: Percentage of High School Students Not Enrolled in Physical Education Classes

By Sex, 1995 YRBSS



Maine: Percentage of Adults Who Reported Being Overweight*

By Sex, Race, and Hispanic Origin, 1996 BRFSS



*Body mass index ≥ 27.8 kg/m² for men and ≥ 27.3 kg/m² for women.

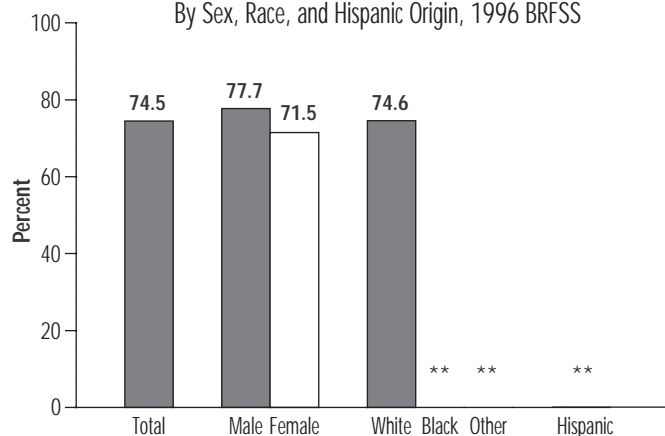
**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.

Maine: Risk Factors

Maine: Percentage of Adults Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables per Day

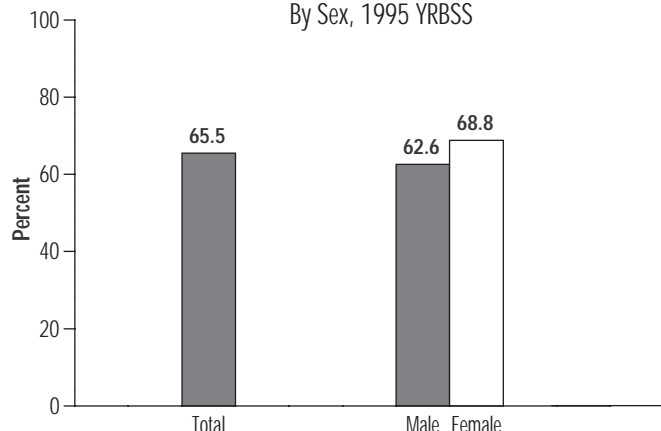
By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Maine: Percentage of High School Students Who Reported Eating Fewer Than Five Servings of Fruits and Vegetables on the Day Preceding the Survey

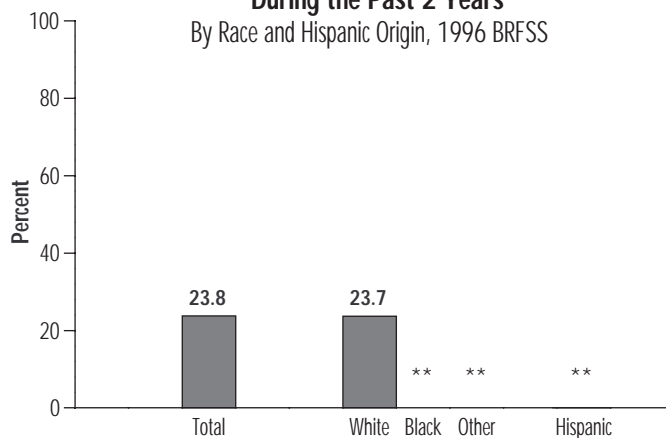
By Sex, 1995 YRBSS



Maine: Preventive Services

Maine: Percentage of Women Aged 50 Years and Older Who Reported Not Having Had a Mammogram During the Past 2 Years

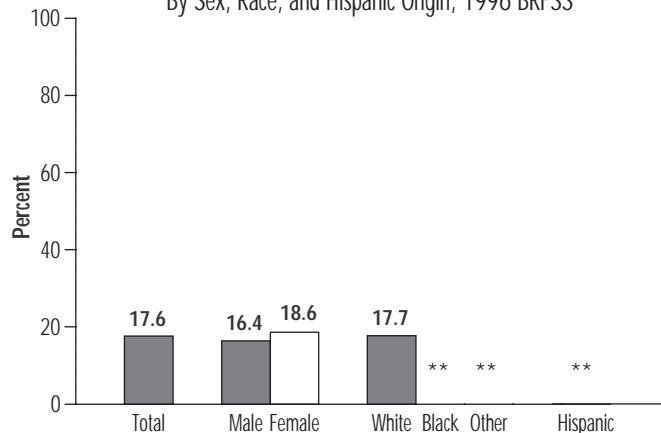
By Race and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Maine: Percentage of Adults Aged 18–64 Years Who Reported Having No Health Insurance

By Sex, Race, and Hispanic Origin, 1996 BRFSS



**Too few numbers to analyze.

Note: All BRFSS data are provisional and age adjusted, 1970 total U.S. population.